



Transforming Health & Care Through Coaching and Leadership

About TPC Health

TPC Health is a leading provider of coaching, leadership development, and organisational transformation solutions for the healthcare sector. With over 20 years of experience, we work in partnership with health and care organisations to drive change, enhance leadership, and create a culture of personalised care. Our mission is to ‘change the way organisations, practitioners, and individuals improve health and wellbeing.’

Our expert faculty includes experienced healthcare professionals who understand the complexities of clinical and social care environments. We offer innovative, evidence-based interventions designed to create sustainable improvements in workforce capability, leadership, and organisational culture.

Why Choose TPC Health?

- Over 20 years of experience in healthcare coaching and leadership development
- Have led the development of Health Coaching in the NHS for the last 15 years and trained over 15,000 practitioners
- Trusted advisor and innovation partner for NHS personalised care initiatives
- Programmes accredited by the Personalised Care Institute and EMCC
- Practical, evidence-based, and highly interactive learning experiences
- Strong focus on creating sustainable and impactful change
- Lead provider of the NHS England Looking After You confidential coaching service, delivering over 38,000 sessions to Primary Care staff.

Let's Work Together

TPC Health is committed to transforming health and care through coaching, leadership, and workforce development. Whether you are looking to develop coaching capabilities, enhance leadership, or drive cultural change in your organisation, we can help.

Contact us to book a call with Dr Andrew McDowell, Director or Prof Alf Collins, Clinical Lead, to discuss your needs.

Get in Touch



info@tpchealth.com



www.tpchealth.com



Personalised Care & Health Coaching

We empower healthcare professionals with the skills needed to deliver proactive, patient-centred care. Our health coaching and personalisation programmes are accredited by the Personalised Care Institute and meet NHSE standards.

- ❖ Health Coaching Core Skills
- ❖ Accredited Health Coaching Skills
- ❖ Advanced Health Coaching Practitioner
- ❖ Train the Trainer Programmes
- ❖ Shared Decision Making
- ❖ Personalised Care & Support Planning
- ❖ Supported Self-Management
- ❖ Health Coaching Supervision & Training

Apprenticeships

We deliver fully funded UK apprenticeships that take care of supervision, support ongoing development, and ensure seamless embedding into roles, empowering learners and businesses with practical skills for long-term success.

- ❖ Level 5 Coaching Professionals Apprenticeships
- ❖ Level 3 Community Health and Wellbeing Worker Apprenticeship

Coaching Programmes

Coaching is a powerful tool for personal and professional development. We offer a range of coaching programmes to support individuals and teams in healthcare settings.

- ❖ Foundation and Practitioner Coaching Skills
- ❖ Access to Executive & Career Coaching
- ❖ Health and Wellbeing Coaching Supervision
- ❖ Coaching Conversations
- ❖ Team Coaching Skills
- ❖ Train as a Supervisor

Leadership & Development

Strong leadership is crucial to a resilient and effective healthcare system. Our leadership development programmes help organisations cultivate compassionate, high-performing leaders.

- ❖ Leadership Development Programmes
- ❖ Team Development for Integrated Neighbourhood Teams
- ❖ Continuous Professional Development (CPD)
- ❖ Workforce and Training CPD
- ❖ Skills for Managers
- ❖ Board Development and Leadership Supervision
- ❖ Mentoring Programmes
- ❖ Leadership Coaching

Organisational Development & Culture Change

We support healthcare organisations in creating cultures that promote innovation, collaboration, and patient-centred care.

- ❖ Facilitation for Strategic and Clinical Collaboration
- ❖ Culture Change and Co-Production Services
- ❖ System-wide & Organisational Consulting
- ❖ Healthcare Consulting Services

Workplace Wellbeing

The wellbeing of healthcare professionals is essential to patient care and system resilience. Our wellbeing programmes focus on mental health, resilience, and self-care.

- ❖ Tailored Coaching for your workforce needs
- ❖ Mental Health Awareness and First Aid
- ❖ Employee Wellbeing Support
- ❖ Tailored Wellbeing Support for Leaders

Workforce Development Solutions

We provide tailored training and development programmes that strengthen workforce capability across healthcare sectors, including primary care, integrated care systems, mental health, social care, hospitals, and voluntary organisations.