

Level 5 Coaching Professional Apprenticeship

At TPC Health, we are committed to transforming the health and social care sector through coaching.

Our Level 5 Coaching Professional Apprenticeship equips professionals to integrate coaching into their roles, enhancing patient care, practitioner wellbeing, and organisational effectiveness.

Who Is This Apprenticeship For?

This apprenticeship supports experienced professionals in health, care, and community roles who lead, influence, or enable others. It is especially suited to:

- **Senior Health & Wellbeing Coaches** – supporting personalised care, behaviour change, and self-management.
- **Clinical Leads & AHPs** – enhancing communication, motivation, and shared decision-making.
- **Team Leaders & Managers** – building resilient, high-performing teams through coaching.
- **Senior Social Care & Community Staff** – promoting autonomy and strengths-based approaches.
- **OD, L&D & HR Leads** – embedding a coaching culture for staff development and retention.
- **VCSE & Personalised Care Leads** – driving local impact and tackling health inequalities.

Why Choose a Coaching Apprenticeship with TPC Health?

- **Government Funded** – the training is funded through the Apprenticeship Levy, speak to us about the details.
- **Specialist Health & Social Care Focus** – Designed specifically for professionals in clinical and care settings.
- **Expert-Led Learning** – Delivered by highly experienced doctors, psychologists, nurses, social workers and health coaches.
- **Most experienced trainers** – Since 2010, TPC Health has led the development of health coaching in the UK, training 15,000+ people.
- **Workplace Integration** – Learners apply coaching skills directly within their roles for immediate impact.
- **Ongoing Support & Supervision** – Dedicated tutors, regular supervision, tripartite reviews, and pastoral care ensures success.

Take the Next Step

Transform the way you work and support others with TPC Health's Level 5 Coaching Professional Apprenticeship.

Contact us today to learn more

Get in Touch



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tpchealth.com/apprenticeships



Programme Overview

This 12-14 month apprenticeship blends theoretical learning with hands-on coaching practice, ensuring learners develop the necessary skills to become highly effective coaching professionals.

Topics Covered

- **Fundamentals of Coaching** – Core coaching models and methodologies.
- **Ethical & Professional Practice** – Understanding coaching responsibilities.
- **Advanced Conversation Tools & Techniques** – Effective questioning, listening, and feedback.
- **Coaching in Practice** – Applying coaching skills in health and social care settings.
- **Psychology of the Individual** – Exploring thought processes and behaviour change.
- **Professional Practice** – Learning from and engaging in supervision.
- **Stakeholder Management & ROI** – Demonstrating the value of coaching in organisations.

Apprenticeship Requirements

To apply, learners must:

- Be employed in a health or social care role where coaching can be applied.
- Have employer support to complete the programme.
- Dedicate time to off-the-job training, including workshops, projects, and reflective practice.

Assessment & Qualification

To successfully complete the apprenticeship, learners must pass an End-Point Assessment (EPA), including:

- A knowledge test (multiple-choice format).
- A coaching observation by an independent assessor.
- A portfolio-based interview demonstrating competence.

Benefits for Learners

- Develop a recognised Level 5 Coaching Professional qualification.
- Industry recognition with the EMCC at Practitioner Level.
- Enhance leadership, communication, and interpersonal skills.
- Build confidence in supporting patients and colleagues.
- Gain practical coaching experience with supervision from industry experts.
- Access one-to-one tutor support, pastoral care, and a dedicated learning platform.

Benefits for Organisations

- Access a government-funded training programme delivered by the most experienced trainers of coaching in the health sector.
- An end to end solution for training Health and Wellbeing Coaches and other Practitioner roles that develops people over time and helps them to mature as professionals.
- Build a coaching culture that improves performance and engagement.
- Increase staff retention, job satisfaction, and leadership capability.
- Enhance patient care through coaching-led approaches to self-management and recovery.
- Reduce demand on services by empowering patients to take responsibility for their health.